

Newsletter of the College of Diplomates of the American Board of Orthodontics



40th Annual Meeting...a Magical Experience

By Dr. Terry Sobler

The annual meeting of the College of Diplomates is over and the goals of the meeting as set out by our general chair Bob Vaught and myself — education, family, and collegiality — were achieved with the support of our council and all of you.

Disney World Orlando was a wonderful venue for the gathering of Diplomates, culminating in front row seats to watch the fireworks, while enjoying dessert in our own private viewing area in Epcot.

The scientific portion of the meeting, chaired by Ravi Nanda, was exemplary in its content, introducing new speakers who shared cutting edge advancements in orthodontics. Member evaluations of the speakers were extremely favorable.

The College also had the distinct pleasure to present the Founders Award to Dorothy Whalen in honor of her contributions and dedication to the College and to our specialty. In addition, the Samir Bishara Award of Merit was presented to Raymond George

and Brent Larson, two extremely deserving contributors to both the College and the American Association Of Orthodontists.

The councilors also recognized Ravi Nanda for his contributions to our specialty, made during his 50-year career. He has enlightened us with his research and no nonsense approach to evaluation of presented material.

Special thanks to Kathy Vaught and Bonni Orloff who advised us on the wonderful opening and closing ceremonies. Many thanks to Scott Cant, Darrin Crittenden, and Jan Beck for their guidance and assistance in helping us to realize the goals of the meeting.

I look forward to seeing all of you in Nashville at our next gathering of Diplomates.

My sincere thanks for allowing me the privilege of being your president.



2018 College meeting attendees. See page 4 for Annual Meeting Magical Moments.





In This Issue

- 1 40th Annual Meeting...
A Magical Experience
- 2 President's Message
- 3 Resident Attendance Program
(RAP) Participants Enjoyed
Advanced Learning Opportunities
at College Summer Meeting
- 4 Magical Moments
- 5 Welcome New Council Member
Dr. Ashok Kothari
- 6 2018 Annual Meeting to be at
the Gaylord Opryland Resort
in Nashville, Tennessee
- 7 In Memoriam –
Dr. William R. Proffit
Dr. Raymond George
- 8 2018-2019 College of
Diplomates Council

Please note the new College
management office contact information.

College of Diplomates of the American Board of Orthodontics

2131 Meadow Valley Dr.
Innsbrook, MO 63390
888-217-2988 | Fax: 636-745-3012
collegeofdiplomates@icloud.com
www.cdabo.org

- Editor**
Dr. Howard Fine, Mount Kisco, NY
- President**
Dr. Eric Dillinger, Angola, IN
- Executive Director**
Kristi Burmeister, Innsbrook, MO

The DIPLOMATE is published bi-annually by the
College of Diplomates of the American Board of Orthodontics.
The opinions expressed in articles and editorials are those
of the authors and not necessarily those of the College.

©2019 College of Diplomates of the
American Board of Orthodontics

PRESIDENT'S MESSAGE

By Dr. Eric Dillinger

It has been a joy to work with so many enthusiastic and loving people during my time on the Executive Council of the College. The honor of being your President this year pales in comparison to the gratitude I have for the privilege of becoming friends with so many of you during this time. My wife Katie has provided me with support and encouragement along all the steps leading to this year. When I feel uncertain, she always lends help and reassurance. I often say "I love Orthodontics," but I promise you that I say "I love you Katie" a great deal more. It will be our joy to introduce you to our family when we gather in Nashville next July, and it is my hope that we will have the pleasure of meeting your family as well.

I have had a rather long career in Orthodontics. My father, also an orthodontist, passed his ABO exam in 1973. I am surprised that many of the controversies that my father discussed with me are as vigilantly debated today. Currently we are faced with a change in the paradigm of what board certification requires and what certification itself means. While the idea of "Orthodontics by Orthodontists" seems self-evident to our profession, the public is constantly invited to "do it yourself". The protection of our patients, while allowing them to choose freely, has never been more difficult than at this time. Even among the educated population of orthodontists, the ideas of faster treatment, bone growth, and expansion seem as contentious now as they were in 1970.

The ABO has informed the College that future certification tests will be comprised of a "scenario based exam." The basic format of this test will involve a review of a uniform set of records and development of a treatment plan as well as alternatives and possible problems that could occur during such treatments. This system will offer a much greater degree of uniformity in the examination process, and is much more consistent with industry standards used for testing within other areas of dentistry and medicine. The College is working closely in conjunction with the ABO to facilitate both education and testing with this new paradigm. This fits the primary goal of the College as a vehicle to create more board certified orthodontists. Currently it is estimated about 40-45% of U.S. orthodontists are board certified nationally.

The meeting in Nashville is not only intended to educate our membership on the changes of the board, but also to provide the most advanced orthodontic techniques to our membership. Injectables, 3D scanning, TADs, accelerated tooth movements, and airway management will all be discussed. In addition to the scientific program, excellent food, music and a SoundWaves water park for the young at heart will be available. I truly hope you will take a weekend next summer to enjoy the camaraderie of the College and the joy of Nashville during our July 12-15, 2019 meeting. Katie and I look forward to seeing you soon!

Dr. Eric Dillinger
President, College of Diplomates of the
American Board of Orthodontics

Reminder

Go to www.cdabo.org for
info and registration on
College events at 2019
AAO Annual Session.

Learn more about the 41st Annual Meeting...

See page 6

Resident Attendance Program (RAP) Participants Enjoyed Advanced Learning Opportunities at College Summer Meeting

University of Alabama at Birmingham 📍 Attendees: Kyle Feagin, Katerina Aslanidou, Tayem Abou Saleh

Having completed two years at the University of Alabama at Birmingham, we have been able to attend a wide variety of conferences and continuing education courses across the country. However, we all agreed that this meeting was clearly the most unique and interesting one we have had the privilege of attending. Not only was the location wonderful — who could fail to have a magical time at Walt Disney World? — but the quality of education and inspiring camaraderie among the members of the College really set this meeting apart from any others.

During the meeting we had the chance to attend numerous evidence-based and innovative lectures from established speakers, clinicians, and faculty from different universities all over the country. The topics had excellent variety and covered many contemporary issues, ranging from sleep apnea and biomechanics to 3D imaging technology and accelerated tooth movement. Among the speakers, we thoroughly enjoyed Dr. Upadhyay's lecture "Biomechanics in clinical practice," which focused on the effectiveness of differential moments in establishing and maintaining anchorage and analyzed the mechanics related to clear aligners. His systematic breakdown of the quantitative differences in achievable movements using aligners is something we had never seen before, but were always curious about. Another particular lecture which stood out to us was Dr. Won Moon's talk on non-surgical mid-facial expansion and stability. Advancing technology has offered us many new ways to look at orthodontic problems, and Dr. Moon demonstrated that we may not have as complete of an understanding of the sutural fusion process as we thought. In addition, we were very impressed

by the presentation of Dr. Uribe showing failures and problem cases. We feel that this is one of the best ways to learn and took some valuable ideas for tracking problem cases back to UAB!

One of the aspects of the meetings that particularly stuck with us was the difference in the style of lectures from other large meetings we have attended. The smaller number of participants allowed for impactful discussion and questions after each and every lecture. In addition, the length of time allowed for lectures combined with the smaller environment gave a much more personal feel to each talk, becoming more like an in-depth round table discussion.

As far as location, one couldn't ask for a more fun-filled place! For several of us, it was our first time going to Disney World, and the meeting schedule offered plenty of time for education, networking, socializing with the College members, and exploring the parks. Everyone was extremely welcoming and made an effort to greet us all individually; from the very beginning we felt like a part of the College family!

Overall, we can all say that this meeting has left a lasting impact on us as we continue into our final year of residency. We are fortunate to have a strong support group which pushes us to reach for board certification. Having attended the College meeting, we are even more determined to reach this goal and to become a part of such an elite cadre of professionals, working towards achieving a high standard of excellence throughout our profession. We were honored to have been invited to the meeting and hope to attend many more.



RAP attendees with ABO directors and AAO president.

40th College Reunion

Magical Moments



College council members with famous friends.



Meeting attendees enjoy group dinners.



Young attendees renew friendships.



Future College members.



Square dancing with live band.



Private viewing area for Epcot fireworks display.



WELCOME

New Council Member Dr. Ashok Kothari

Dr. Ashok Kothari has been practicing orthodontics in the Chicago area since 1984. He received his dental degree from Nair Hospital Dental College in Bombay, India in 1975 and completed his orthodontic residency in 1978 from Bombay University. Upon coming to the United States, he completed an additional two-year orthodontic residency from 1981 to 1983 at the Loyola University School of Dentistry in Chicago.

He lives in the southwest suburbs of Chicago with his wife Anju. They have two adult children, Anish and Anuja. Dr. Kothari practices with his daughter Anuja in their Naperville office. He recently became a grandfather to baby Anokhi. Dr. Kothari enjoys travelling, teaching and photography, and his photos are proudly displayed at all three offices.

Dr. Kothari was a Clinical Professor of Orthodontics at the University of Illinois College of Dentistry from 2003 to 2013. He is committed to sharing his knowledge with colleagues and students. He has lectured at universities and conferences in Mexico, Panama, India, Dubai, Thailand and the U.S. on topics such as interdisciplinary treatment. He has published articles in the *Journal of Clinical Orthodontics* and the *World Journal of Orthodontics*.

Dr. Kothari is a proud member of the College and enjoys the camaraderie he shares with his fellow Diplomates at the summer meetings. He hopes to encourage local and international members to attend the summer meetings by choosing attractive locations and suggesting new speakers.



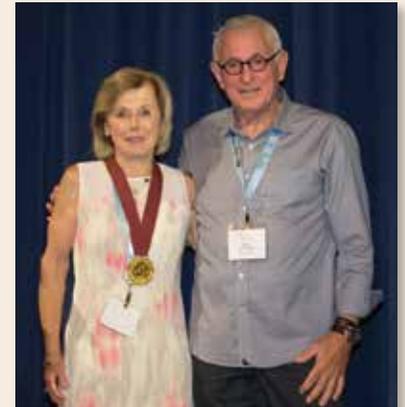
Dr. Ashok Kothari and family.

2018 Awards



Founders Award

Dr. Dorothy Whalen



Dr. Dorothy Whalen receives Founders Award from Dr. Terry Sobler.



Samir Bishara Award of Merit

Dr. Brent Larson

Dr. Raymond George



Dr. Brent Larson receives Samir Bishara Award of Merit from Dr. Terry Sobler.



Legend in Orthodontics Award

Dr. Ravindra Nanda



Dr. Ravindra Nanda receives Legend in Orthodontics Award from Dr. Terry Sobler.

2019 Annual Meeting to be at the Gaylord Opryland Resort in Nashville, Tennessee

By Dr. Eric Dellinger

The College welcomes you to join us in Nashville TN, at the **Gaylord Opryland Resort and Convention Center** July 12-15, 2019 for the 40th anniversary of the 1979 formation of the College. The **Grand Ole Opry**, the **Country Music Hall of Fame**, the **Johnny Cash Museum** and other music venues await you. The Gaylord has first class dining opportunities, all within walking distance of your room, which include the Old Hickory Steakhouse and the Jack Daniels Restaurant, both providing a true southern dining experience. Some of the best sushi in Tennessee is available at Wasabi's Sushi restaurant, as well as fantastic Mexican at Solario Cantina. Kid friendly cuisine is easily available at Stax Burgers, and Paisano's Pizzeria & Vino, while a more sophisticated Italian experience is awaiting you at Ravello's. The atriums surrounding the resort allow a beautiful view at every turn, as well as walking and jogging opportunities. The world class spa and exercise facilities, including an outstanding golf course, also provide fun options for healthy entertainment. Your family will enjoy the indoor boat tour as well as the newly opened water park, including slides and a lazy river. The College room rates are discounted from the standard price and will allow our College members to enjoy this incredible venue at a truly affordable rate. The College has access to a limited number of SoundWaves water park tickets, so please get your reservations in early if you or your family want to enjoy this special recreation.

As in previous years, the lectures will be held in the morning, leaving the afternoons free for you and your family to enjoy the unique history and excitement of Nashville. Though Nashville temperatures are in the 89-70 degree range in July, the entire Gaylord complex offers guests the opportunity to stay inside. The 9 acres of indoor gardens and pools offers temperature controlled swimming, dining, and shopping without ever needing to leave the building.

"Harmony in Orthodontics" is the theme for the meeting.

This relates to the art of creating an esthetic combination of facial structures similar to the way musical harmony involves an esthetic blend of tones. Nashville seemed the ideal venue to discuss harmony as the city is surrounded by music. Even the highway system includes a road "440" which is the universal tone used by musicians to tune their instruments. The College lectures will be delivered in greater depth, and with greater accessibility to orthodontic leaders than is available from any other continuing education forum. The world class speakers, the accessibility of interaction with the lecturers, the fellowship with the finest orthodontists in the world will continue to make our College, the World's Premier Orthodontic Study Club.

Our invited speakers are an esteemed group of individuals.

Dr. Scott Frey is an orthodontic expert on neuromodulators and soft-tissue fillers. In addition to his Diplomate status, he is a fellow of the American Academy of Facial Esthetics, and reviewer for the *Journal of Aesthetic Plastic Surgery*. **Dr. Jason Cope** has previously lectured on TADs to the College. This year he will discuss 3D imaging and Craniofacial Osteodistraktion.

Dr. EG (Straty) Righellis will review his extensive knowledge on accelerating orthodontic treatments including management and clinical techniques. **Dr. Katherine Kula**, the former Jarabak Endowed Professor and Chair of the Department of Orthodontics & Oral Facial Genetics at Indiana University, will give us an overview of her experience involving cephalometrics and radiology.

In addition to these four headline speakers, we are using some of our most distinguished College members to provide adjunct lectures. **Dr. Matthew Ng**, **Dr. Bryn Cooper**, **Dr. Ashok Kothari**, and **Dr. Eric Dellinger** will be providing clinical and personal experience in bringing "harmony to orthodontics." We are looking forward to a unique, educational and fun-filled meeting in Nashville!



Joe Hendrickson / Shutterstock.com

Dr. William R. Proffit By Dr. Brent Larson

The College recently lost an influential friend, supporter and contributor when Dr. William R. Proffit passed away on September 30, 2018 at the age of 82. Every orthodontist has been impacted by Dr. Proffit's work, but College members, in particular, appreciated his emphasis on science and evidence in orthodontic practice.

William Robert Proffit was born in Harnett County, NC in 1936. Dr. Proffit received his dental degree from the University of North Carolina, his PhD in physiology from the Medical College of Virginia and worked at NIH as a researcher while serving in the U.S. Public Health Service. His orthodontic training was done at the University of Washington. After leaving Seattle, he went on to chair the orthodontic



Every orthodontist has been impacted by Dr. Proffit's work, but College members, in particular, appreciated his emphasis on science and evidence in orthodontic practice.

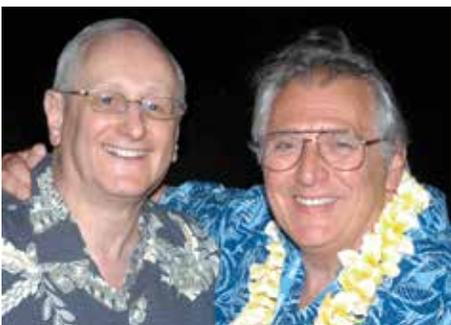
Dr. Larson (left) with Dr. Proffit.

Dr. Raymond George By Dr. Perry Opin

Raymond George was a mountain of a man, larger than life, and, truth be told, often a walking, talking contradiction. He was one of a kind. He was forceful and steadfast in his beliefs, but, never-the less, could be sensitive, exuding thoughtfulness. He was smart and always prepared for any event or discussion in which he partook. A man that could deliver a perfectly executed presentation before the AAO, only to come home later, throw on tattered clothes, and weed strawberries on his hands and knees for hours until he was filthy.

Dr. Raymond George received his DMD Degree from Tufts University School of Dental Medicine, Cum Laude, in 1964, and his Certificate in Orthodontics from Boston University Graduate School of Dental Medicine in 1966. He then served two years as a Captain in the U.S. Army Dental Corps. In 1969, he began his private practice in East Providence, Rhode Island.

One would wonder how Ray had time to serve such an incredible number of positions as President: the Rhode Island Association of



Raymond George was forceful and steadfast in his beliefs, but, never-the less, could be sensitive, exuding thoughtfulness.

Dr. Opin (left) with Dr. George.

departments at the University of Kentucky and the University of Florida before arriving at the University of North Carolina in 1975 as Professor and Chair. He served as Chair for 26 years and continued to be active in the orthodontic department right until his passing. He also received numerous honors and awards around the world, including the first Legend in Orthodontics Award from the College in 2016 and the first recipient of the Lifetime Achievement Award from the American Association of Orthodontists (AAO).

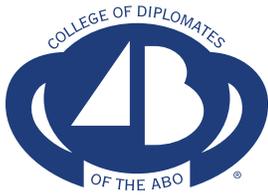
Dr. Proffit published more than 200 scientific articles and many books, but was particularly known for his book, *Contemporary Orthodontics*, which was just released in its 6th Edition. I had the tremendous opportunity to work closely with him on the 6th edition of the book, including many hours of work together at the 2017 College meeting in Lake Tahoe. He had a unique gift to be able to take complex data and concepts and make them understandable for the student and practitioner. I think his approach can be summarized by his rebuttal in a debate I observed (I believe at a College meeting) where he stated, "You are entitled to your own opinion, but you are not entitled to your own facts!" His professional life was devoted to defining those facts and that is why he was such a great friend and supporter of the College. He will be greatly missed but his influence will continue for generations.

Orthodontists, Northeastern Society of Orthodontists, Rhode Island Dental Association, American Association of Orthodontist Foundation, Eastern Component of the Angle Society, the American Association of Orthodontists, the College of Diplomates of the ABO amongst others. He also served for years as a director of the AAO Insurance Company.

Dr. George lectured nationally and internationally on many subjects, including functional appliances, surgical orthodontics, TMJ treatment and the value of two- phase orthodontic treatment. Additionally, he published several scientific papers in professionally reviewed publications.

During Ray's orthodontic career, he was the recipient of many awards including the U.S. Army Meritorious Service Award, Boston University School of Dental Medicine Alumni Award, Massachusetts Association of Orthodontists Frederick M. Moynihan Memorial Award and the Massachusetts Dental Society James W. Etherington Award.

Above all else, Ray loved his family. His three children, Semia, Christiaan, and Chafic are all highly accomplished in their chosen fields. They could have done no less with the guidance and example set by their parents. Ray always found time to play with his three grandchildren, and "kvelled" being in their presence. But, he saved his almost incomprehensible love for the woman who stole his heart so many years ago, his wife Sonjia. He made it perfectly clear that he felt that she had more style, class and grace than any other woman he knew. And, those of us lucky enough to be touched by Sonjia, would probably agree.



College of Diplomates of the
American Board of Orthodontics

2131 Meadow Valley Dr.
Innsbrook, MO 63390

888-217-2988 | Fax: 636-745-3012

collegeofdiplomates@icloud.com
www.cdabo.org



2018-2019 College of Diplomates Council

President



Dr. Eric L. Dellinger
610 N. Wayne St.
Angola, IN 46703

260-665-9534
eld917@gmail.com

Councilor



Dr. Linda Rigali
269 Locust St.
Northampton, MA 01062

413-586-8455
linrigali@aol.com

Parliamentarian



Dr. Perry Opín
266 Broad St.
Milford, CT 06460

203-878-5750
perryopin@yahoo.com

President-Elect



Dr. Bruce M. Goldstein
6868 E. Becker Ln., Ste. 101
Scottsdale, AZ 85254

480-556-0615
brucegoldstein56@gmail.com

Councilor



Dr. Ashok Kothari
919 W. 55th St.
Countryside, IL 60525

708-352-1658
orthoak@gmail.com

Historian



Dr. John William M. Carter
8005 West 110th St., Ste. 214
Overland Park, KS 66210

913-451-1443
jcretrac@gmail.com

Secretary



Dr. Robert (Bob) A. Vaught
7650 Waters Ave.
Savannah, GA 31406

912-200-3452
orthobob7@aol.com

Councilor at Large



Dr. Bryn Cooper
4525 Washington Ave. Ste. 400
Houston, TX 77007

832-925-8721
drcooper@cooperorthodontics.com

Editor



Dr. Howard A. Fine
91 Smith Ave.
Mount Kisco, NY 10549

914-666-8997
howardafine@cs.com

Treasurer



Dr. Daniel J. Rejman
3993 Limelight Ave., #B
Castle Rock, CO 80109

303-660-0112
danrejman@yahoo.com

Immediate Past President



Dr. Terry J. Sobler
339 N. Main St., #7-8
New City, NY 10956

845-634-3560
tjsobler@gmail.com

Reminder

Go to www.cdabo.org
to register for the May 4
College Luncheon at the
AAO Annual Session.